

WELLNESS *and* RECREATION

POOL DECK

OPEN DAILY • 10 AM – 10 PM

Step from the sand to the pool and Jacuzzi.
Towels are available at the pool deck.

FITNESS CENTER

OPEN DAILY • 6 AM – 10 PM

Located south of the lobby.

MASSAGE SERVICES

Our team of certified therapists are here to make your stay even more enjoyable with a relaxing massage. To book your appointment, call [858.551.4681](tel:858.551.4681) or email Massage@LJBTC.com.

DAILY ACTIVITIES

- Running Map
- Surf Diva: Our recommendation for surf lessons. \$\$
- Everyday California: Our recommendation for all things water. \$\$

Check with our Recreation team for more information about our program.

AROUND TOWN

TORREY PINES STATE NATURAL RESERVE

OPEN DAILY • 7:15 AM – SUNSET

Explore beaches, hikes, beautiful overlooks, and more! Visit torreypines.org for more information.

LA JOLLA OPEN AIRE MARKET SUNDAYS • 9 AM – 1 PM

Cultivated nearly 150 vendors, bringing the finest local farmers, artisans and provisions to La Jolla.

LA JOLLA VILLAGE

Explore the many eateries, boutiques, and entertainment venues in the heart of La Jolla. Hours vary by location. Visit lvillagesquare.com for more information.

BIRCH AQUARIUM AT SCRIPPS

OPEN DAILY • 9 AM – 5 PM

See over 5000 different species in 60 exhibits! Reservations required.

AMENITIES

MORNING COFFEE

DAILY • LOBBY • 7 AM – 9 AM

LOCAL NEWSPAPERS

LOBBY • SUNRISE – SUNSET

TENNIS COURTS

DAILY • SUNRISE – SUNSET

Please see the Front Desk to reserve.

BEACHSIDE

DAILY • SUNRISE – SUNSET

Chairs, umbrellas, and towels are available at the Front Desk.

LOCAL SHUTTLE

8 AM – 10 PM

Explore La Jolla within a five mile radius. Reserve by calling x4679.

FIREPITS & GAMES

GARDEN PATIO • FIRST AVAILABILITY

ZYBRA+ BIKES

Check out our e-bikes and bikes—see the Front Desk for details. Download “Zybra Plus” app and use code SHORES1 for \$20 discount!

TAG US!

@LJSHORESHOTEL
@THESHORESRESTAURANT

THE SHORES

DINE ON THE BEACH

OPEN DAILY • 7 AM – 8:30 PM

BAR UNTIL 9 PM

Your dining destination with a view offering seasonal, locally-sourced ingredients, and a laid-back beachside atmosphere.

BEACH BRUNCH

SAT - SUN, 7 AM - 2 PM

HAPPY HOUR

MON - THURS, 2 PM - 5 PM

LA PLAYA MENU

SAT - SUN, 2 PM - 4 PM

POOL MENU

MON - SUN, 11:30 AM - 5 PM

SPECIALTY COFFEE & CRAFT COCKTAILS

DAILY

SPORTS VIEWING ON 7 LARGE SCREENS

EST. 1941

THE MARINE ROOM
and LOUNGE



WEDNESDAY – SUNDAY • 4:30 PM – 9 PM

Embark on a culinary adventure featuring seafood creations made with globally influenced flavors.

Reservations are highly recommended.

858.459.7222

HOW CAN WE ASSIST YOU?

For housekeeping, maintenance and activity information, please text: **+1.844.850.5618** or call **x3600**.

WIFI

Join “LaJollaShoresHotel-Guest” and enter Summer862

RECREATION ACTIVITIES



JULY 31 –
AUGUST 6

WEDNESDAY 7/31	THURSDAY 8/1	FRIDAY 8/2	SATURDAY 8/3	SUNDAY 8/4	MONDAY 8/5	TUESDAY 8/6
Origami 11 AM Garden Patio	Arts & Crafts 11 AM Garden Patio	Tattoos & Pops 11 AM Pool Patio	Food Science 11 AM Garden Patio	Ping Pong Tournament 11 AM Garden Patio	Scavenger Hunt 11 AM Garden Patio	Arts & Crafts 11 AM Garden Patio
Snow Cones 1 PM Pool Patio	Yard Pong 1 PM Garden Patio	Foosball Competition 1 PM Garden Patio	Paper Airplane Competition 1 PM Garden Patio	Tattoos & Pops 1 PM Pool Patio	Friendship Bracelet 1 PM Garden Patio	Ping Pong Tournament 1 PM Garden Patio
Shuffleboard 2 PM Garden Patio	Tattoos & Pops 2 PM Pool Patio		Giant Yard Pong 2 PM Garden Patio			
Arts & Crafts 3 PM Garden Patio	Scavenger Hunt 3 PM Garden Patio	Snow Cones 2 PM Pool Patio	Paper Airplane Competition 3 PM Garden Patio	Spikeball 3 PM Garden Patio	Arts & Crafts 3 PM Garden Patio	Snow Cones 3 PM Pool Patio
S'mores 5 PM Garden Patio	S'mores 5 PM Garden Patio	S'mores 5 PM Garden Patio	S'mores 5 PM Garden Patio	S'mores 5 PM Garden Patio	Trivia Night 5 PM The Shores Lawn	S'mores 5 PM Garden Patio
		Glow In The Dark Painting 6:30PM Garden Patio				
		Dive in Movie 8 PM Pool Join us for popcorn and "Mega Mind"!				